DECEMBER 2026 Menu

CAP AGENCY
CONGREGATE DINING and HOME DELIVERED MEALS
A SENIOR SERVICE OF SCOTT-CARVER-DAKOTA CAP AGENCY, INC.

Meals for December 1-4 have been ordered. They are on the November menu!!!

FOR YOUR DINING PLEASURE

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
Sloppy Joes Hamburger Bun Scalloped Potatoes Diced Peaches Jello with Whip Topping	Crab Stuffed Pollock Orzo Florentine Steamed Broccoli Diced Peaches *Tartar Sauce* *Alternate: Chicken Kiev*	Cabbage Rolls Delmonico Potatoes Green Beans Dinner Roll/Butter Lemon Bar	Chili Roasted Potatoes Cornbread/Butter Diced Pears *Sour Cream/Butter*	Breaded Drumstick Mac and Cheese Corn Banana Sugar Cookie *BBQ Sauce*
14	15	16	17	18
Pulled Pork Hamburger Bun Potato Wedges Coleslaw Chocolate Pudding *BBQ Sauce/Ketchup* *Alternate: Pulled Chicken*	Breaded Chicken Breast Marsala Sauce Rotini Noodles Cooked Carrots Chocolate Chip Cookie Mandarin Oranges	Glazed Ham Au Gratin Potatoes Scalloped Corn Dinner Roll/Butter Coconut Cream Pie *Alternate: Chicken Breast with Gravy*	Penne Pasta with Meat Sauce Mixed Vegetables Breadstick/Butter Tropical Fruit *Parmesan Cheese*	Shrimp Fried Brown Rice Asian Green Beans Vegetable Egg Roll Fresh Cut Fruit *Soy Sauce Packet* *Alternate: Chicken Fried Rice*
21	22	23	24	25
Baked Pollock with Lemon Dill Sauce Rice Pilaf Creamy Spinach Wheat Bread/Butter Fruit Cocktail *Alternate: Baked Chicken Breast*	Philly Cheesesteak Casserole Italian Blend Vegetables Breadstick/Butter Jello w/ Topping Strawberry Applesauce	Roast Turkey with Dijon Cream Sauce Roasted Potatoes Peas Dinner Roll/Butter Banana	SITE CLOSED Chicken Wild Rice Casserole Steamed Carrots Diced Pears White Bread/Butter Blondie Bar	SITE CLOSED Salisbury Steak with Brown Gravy Mashed Potatoes Green Beans Wheat Bread/Butter Oatmeal Raisin Cookie
28	29	30	31	Jan. 1
Coconut Lime Chicken Basmati Rice Cooked Carrots Diced Pears Carnival Cookie	Breaded Chicken Breast Alfredo Fettucine Broccoli Breadstick/Butter Tropical Fruit	Roast Beef Mashed Potatoes with Brown Gravy Peas Dinner Roll/Butter Chocolate Cake with White Frosting	SITE CLOSED Cheeseburger with Swiss Cheese Hamburger Bun Tater Tots Mixed Vegetables Pudding w/ Topping *Ketchup & Mustard*	SITE CLOSED Popcorn Chicken Mashed Potatoes with Poultry Gravy Corn White Bread/Butter Fruit Cocktail

Meal Reservations must be made one week in advance. Please cancel meals with your site coordinator ASAP.

Meals include 1% milk and butter when bread is served. Please inquire with program staff regarding special diets. We use fresh, light or juice packed fruits; vegetables are served without salt. Questions regarding meals or options can be directed to the site coordinator in your community at the numbers listed below, Monday through Friday mornings. Thank you for dining with CAP Agency Senior Nutrition!

SENIOR NUTRITION SITES

SCOTT COUNTY		CARVER COUNTY		DAKOTA COUNTY	
Belle Plaine	*952-873-6311*	*Chaska/Carver/Victoria*	*952-297-0154*	*Apple Valley*	*612-669-2910*
Jordan	*952-492-2208*	*Chanhassen*	*952-442-5478*	*Eagan*	*952-402-9855*
New Prague	*952-492-2208*	*Waconia/NYA/Cologne*	*952-442-5478*	*Farmington*	*612-940-9590*
Prior Lake	*612-669-2911*			*Inver Grove Heights*	*612-987-9321*
Shakopee	*952-402-9814*			*Lakeville*	*612-669-2913*
				Mendota Heights	*612-987-9321*
				Rosemount	*612-669-2910*

CAP Agency Senior Nutrition is funded through the Federal Older Americans Act by a contract with MAAA-Metropolitan Area Agency on Aging, state appropriations, CAP Agency and participant contributions. Your comments are welcome. Program staff can be reached at 952-402-9855.